

Minutes of Meeting		
Location: Park Place Lodge Fernie	Date: Dec 11, 2019 Time: 9:00 a.m.	
The Cedar Room	– 12:30 p.m.	
Purpose: Second 2019 Biannual Meeting	Version: Final	
Attendees: See attached	Issue date: February 25, 2020	

The meeting began shortly after 9:00 am

Introductory Remarks

Chair, Anita Palmer, welcomed the attendees and noted where the restrooms and exits were located. It was acknowledged that the location of the meeting is Traditional Territory of the Ktunaxa Nation. Anita was pleased to share that in order to support the integration of public awareness and knowledge of regional indigenous peoples and ongoing reconciliation, the Communities of Interest Advisory Initiative (COIAI) Steering Committee (SC) will be working with Vickie Thomas, the Ktunaxa Nation rep on the SC to arrange Indigenous Culture Awareness workshop in the New Year. Anyone interested in participating can contact Sharon Strom at: sharon.strom@teck.com

Safety Share

Dave Beranek reminded everyone to ensure their vehicle's headlights and taillights are kept clean. This time of the year, they can quickly become dim with the snow, slush and calcite on the roads.

Communities of Interest Advisory Initiative (COIAI) Update – Anita Palmer, Chair

Following an introduction of the Steering Committee members and self-introduction of attendees, Anita provided a SC update highlighting that the Initiative will be heading into its 8th year of quarterly SC meetings and biannual Partners meetings.

The Elkford Housing Society (EHS) was developed from a conversation between then Elkford Councillor, Denise Bertrand and this group's Healthcare Task Force. Teck has committed to donating the land for the site of a seniors' housing complex in Elkford. The EHS has secured a Project Manager who will be applying for major funding for the project.

The Healthcare Task Force plans to meet in January to determine how the COIAI SC can support the regional Canadian Mental Health Association (CMHA). The group was pleased to have representatives from CMHA Kootenays to share information on their services.

An action item arose at the November SC meeting for which Fernie Mayor Qualizza was contacted. Scott Robinson, the SC Community Safety rep recognized possible hazards with the Lizard Creek Bridge construction that did not get completed before winter. Mayor Qualizza and Sharon Strom, along with Andy Cohen from Resorts of the Canadian Rockies who also voiced concerns, will be meeting with a number of representatives from the Ministry of Transportation and Infrastructure on Thursday to address concerns and safety measures being taken.

Sharon will be arranging a tour of some of Teck's water treatment facilities for the SC in the New Year as well and would like to extend the invitation to others who want to join them. Email Sharon if you'd like to go.



Teck in Review (see attached) - Nic Milligan, Manager Social Responsibility

Nic provided the group with an update on Teck. It included information on Teck's financial position, the steelmaking coal market, RACE21 and the Elk Valley Water Quality Plan, among other topics. The presentation can be found at the end of the minutes.

Teck Castle Project – Norm Fraser, Lead Indigenous Initiatives

Norm introduced the Fording River Operations (FRO) Castle Project to the group. He talked about Teck Coal's economic contributions to the area, the Project location, planning and design status and the required Environmental Assessment (EA). The presentation can be found at the end of the minutes.

Questions, Answers and Comments (Q, A, C)

- C Mayor McKerracher Air monitoring systems like the ones in Sparwood need to be placed around Elkford. There is more dust in the community and on vehicles coming from the Greenhills spoil. There has been a lot of wind.
- C Councillor Christensen They are needed in RDEKA as well. There is an increased amount of dust on his home on the Lower Elk Valley Road.
- Q Kristie Williams What type of particles is in the dust and is there a health affect?
- A NF There is currently a Human Health Risk Assessment underway by qualified third party experts.
- Q Mayor McKerracher Is the Castle Project on the list for a Federal Government review? How far down the valley south will it go?
- A NF The Project is below the threshold requiring Federal review. The Project will not go beyond Chauncey.
- Q Mike Low Why does it take so long to go through the EA process now when it used to take only a couple of years?
- A NF The level of effort required has increased significantly. In 1972, the EA report consisted of one binder. For the last Line Creek Operations (LCO) EA, a U-Haul would have been required for the binders.
- Q Blair Chatterson How will you replace the winter range the Project will get rid of? There is not a lot of winter range around the FRO.
- A NF Teck recognizes the impacts and how important the grasslands are. The designs are being evaluated so there is the least amount of impact possible.

Teck Feedback Report – Sharon Strom

There were 58 items of feedback received through Teck's feedback mechanism from July to current date.

Sparwood -52-6 about visible dust above Elkview Operations (EVO), 2 about dust on vehicles, 7 about dust from EVO's Lagoon D dust event on November 9^{th} and 35 requests for cleaning exteriors of homes, 1 about a dirty Teck contractor parked at multi-unit dwelling, 1 of Teck contractors taking up mall parking space and leaving their vehicles overnight

Elkford -2-1 request for cleaning exterior of home, 1 submission of photos of coal dust on children's play equipment



Fernie -2-2 complaints about dirty Teck/Teck contractor vehicles parking at two separate multi-unit dwellings

Grave Lake – 2 – both about film of coal dust on lake

Harm Reduction Program (see attached) – Jenn Driscoll, Regional Harm Reduction Coordinator Interior Health (IH), Alison Ko, Health Outreach Nurse IH, Jenn Sosnowski, MHSU & OAT Clinic Administrative Services, Clinical Operations, IHA

The presentation on the Harm Reduction program started with a definition of the term then outlined harm reduction based services that are offered in the region, including the distribution of Nalaxone kits. Statics on overdoses in the Province and in the East Kootenays from 2016-2019 were shared. It was reinforced that one key to harm reduction is the need to remove the stigma around substance abuse because stigma can have profound effects on one's health.

Q – Jason Christensen – What age group does the Harm Reduction Program target?

A - JD - Surprisingly, it is not the youth who are dying. Adults who were prescribed opioids for chronic pain then taken off of them by their physician, move on to elicit drugs. It is not the best practice to cut people off of their pain meds without assisting them with chronic pain management.

Q - Kristie Williams - How does one reach out to someone in need of the services?

A – JD – Accessing services is totally voluntary. The intake must come from the person. Kerrie Wall - Supervisors can only be provided with resource material.

Q – Cal McDougall – What is the shelf life of Naloxone?

A – JD – Two years

Life Kits - Kristie Williams, BC Emergency Health Services Community Paramedic

The Life Kit is a plastic envelope which contains important personal and medical information about a person. The form is easy to read and fill out, and includes questions about who should be contacted in case of emergency as well as details on medications and health history.

Once the two-sided sheet is completed, the form should be placed in the top right-hand side of your fridge. The location should be consistent to make it easy for First Responders to find the kit. Stickers indicating a life kit is available are to be placed on your front door and fridge.

In the event of a personal emergency, First Responders will immediately know that all your information is in one place. The kit is a one-point of reference package that could provide vital information to emergency personnel in a very timely manner.

Q – Anita Palmer – If more than one person is in the home, should there be separate Life Kits?

A – KW – Yes, but they should be placed in separate areas and clearly marked so they don't cross over.

C – Anita Palmer – There is no Community Paramedicine (CP) service to Grasmere.

C – KW – Approach BCHES and ask if Fernie CP can extend their reach to include Jaffray, Grasmere and Elko. It is hard to stabilize the staff in rural communities because the hours are part-time.

Q - Mayor McKerracher - What is in the Life Kits and how much do they cost?

A – KW – The kits are free as part of a program with funding from the United Way and other organizations. The Life Kit is a plastic envelope which contains important personal and medical

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information about a person. The form is easy to read and fill out, and includes questions about who should be contacted in case of emergency as well as details on medications and health history.

Mental Health (see attached) – Natalie Hake, Administrator of Crisis Services, Canadian Mental Health Association (CMHA) Kootenays and Arielle Dyment, Manager of Public Education CMHA

The Vision and Mandate of the CMHA Kootenays was shared with audience, along with some general information about the charitable organization. The CMHA Kootenays offers 29 programs/services throughout the Elk Valley and as far out as Golden and Grand Forks. Some of the many services were described including: housing services, women's services, volunteer services, youth services and mental health services. The importance of public education for mental health awareness was expressed. A few upcoming events were noted. The presentation ended with the contact information for Natalie and Arielle and the invitation to take some of the pamphlets they made available.

Q – Kristie Williams – Is the Senior Friendly Visitor (SFV) program available in Sparwood or other Elk Valley communities?

A – NH – No it isn't yet but they would like to see the services expand.

C – Anita Palmer – Perhaps the Communities of Interest Advisory Initiative (COIAI) Health Care Task Force which intends to support Mental Health awareness/initiative can help support the SFV in the Elk Valley.

Canadian Adaptive Network (see attached) – Brad Parsell, Canadian Adaptive Network Board Member

Brad explained that an accessible community should be determined by the community's values with consideration that accessibility is a Human Right. An outline of what it takes to develop a successful accessible community was shared. Brad explained about the innovative research that was done in Fernie to assess the community and not just buildings and how the community scored. The wish is for accessible facilities to follow universal design principles that are intuitive and welcoming. The presentation ended with thanks being given to funding providers who made the study possible.

Roundtable - an opportunity to comment on the meeting and/or to share information

<u>Randal M</u> – the work of those participating in the Elk Valley Cumulative Effects Management Framework is coming to fruition. Sheep habitat is high on the radar as is understanding the effects recreation and industry have on habitat.

Norma M – would like to hear more of what Teck is doing or not doing for the communities.

<u>Dean M</u> – the presentations were a good source of knowledge. Good to see work being done on accessibility. Ambulance services are changing with new regulations that will affect all communities without paramedics.

<u>Tyler M</u> – the presentations were really good but would have liked more from Teck. New to the District of Elkford staff.

Cal M – a good, broad spectrum of presentations.

 $\underline{\text{Doug N}}$ – from the presentations it appears there are good opportunities for collaboration with the BC Community Response Networks.

<u>Dave W</u> – it was good to hear from Nic and Norm but it would be good to hear from other Teck representatives as well.



<u>Scott R</u> – it is good to get other groups together to share information.

<u>Ange Q</u> – thanks for the presentations. They were all good. Remember to bring non-perishable items to the CP Holiday Train as it stops in Sparwood and Fernie tonight.

<u>Shantelle W</u> – thanks for the invitation. The presentations around mental health and Life Kits create good opportunities for discussion and collaboration.

<u>Sarah-Jane N</u> – the presentations were really good. There is a strong association between those who are isolated and mental health issues.

<u>Brad P</u> – thanks for the invitation. It was very informative. The Fernie Chamber of Commerce's focus is on labour shortage in the 2020 Strategic Plan.

Bev M – the presentations were great.

Patty V – great presentations. Pray for snow.

<u>Beth M</u> – a brochure is available on the past and future work on the Westslope Cutthroat Trout research initiative. There will be a community night and Patagonia film screening January 31 at the Arts Station.

<u>Natalie H</u> – this was a great opportunity to talk about mental health and educate people on the effects of stigma.

Arielle D – thanks for having us.

<u>Doug W</u> – great presentations, thanks.

<u>Shelley W</u> – would like to see more information about what is happening that affects Michel Creek Road residents.

Simon H - thanks.

<u>David B</u> – it will be good to take some of this information to the Teck workforce and Health & Safety department. We need to figure out how we can utilize what we learned today.

Blair C – good presentations, learned a lot.

<u>Santo R</u> – very informing.

Rosa R – this is a great avenue for exposure to all that is offered here.

<u>Lois H</u> – thanks for putting together an excellent agenda. The speakers were excellent but at times hard to hear.

 $\underline{\text{Mary G}}$ – an incredible amount of information was provided. It should be easily available for those who don't search for help.

<u>Mike L</u> – thanks for the opportunity to be here, learned a lot. A database to provide connectivity to all services offered is a good idea.

<u>Jen D</u> – grateful for the opportunity to share and connect and be made aware of opportunities to collaborate.

<u>Lindsay C</u> – great information. It is important not to be ignorant to the issues as they are not going away. Speak the unspoken.

Alison K – encouraged by everyone's openness

<u>Jason C</u> – thanks for the invitation. Would like to see more presentations on Teck.

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Anita P – the College of the Rockies Fernie Campus will be offering the Health Care Assistant (HCA) program again and four of the 16 seats are taken. Please promote the program as there is a shortage of HCAs. Thanks again to Sharon for making the meeting happen. Be kind to one another. We don't know each other's stories.

Closing Remarks

Everyone was invited to have lunch and enjoy each other's company.

Meeting ended at 12:05 pm and was followed by lunch and networking.

Next Steering Committee meeting will be Next Meeting of the Partners will be March 2020 July 2020



December 11, 2019 Advisory Partners Meeting Attendance

Name	Representing	Email
Austin, Deborah	Interior Health Association (IHA)	
Barlow, Marni	IHA	
Beranek, Dave	Southern Guides/Outfitters	
Chatterson, Blair	SDFWA	
Chatterson, Lindsay	IHA Mental Health	
Christensen, Jason	District of Sparwood	
Driscoll, Jen	IHA	
Dyment, Arielle	Canadian Mental Health Assoc. Kootenays (CMHAK)	
Fraser, Norm	Teck	
Giuliano, Mary	Canadian Adaptive Network (CAN)	
Hake, Natalie	СМНАК	
Halko, Lois	Sparwood	
Howse, Simon	Housing/Business/Fernie	
Ko, Alison	IHA	
Low, Mike	CAN	
Macnair, Randal	Wildsight	
MacNaughton, Bev	Sparwood Chamber of Commerce/Tourism	
Madsen, Tyler	District of Elkford	
McDougall, Cal	Sparwood	
McDougall, Norma	Sparwood	
McKerracher, Dean (Mayor)	District of Elkford	
Milligan, Nic	Teck	
Millions, Beth	Elk River Alliance (ERA)	
Nelson, Sarah-Jane	Elk Valley Harm Reduction Collaboration	
Newberry, Doug	BC Community Response Networks (CRN)	
Palmer, Anita	Education/COTR/RDEKA	
Parsell, Brad	CAN/Fernie Chamber/Tourism	
Pearson, Cindy	Capasiti/Fernie	
Qualizza, Ange (Mayor)	City of Fernie	
Robinson, Scott	Community Safety/RDEKA	
Rocca, Rosa Maria	Sparwood CRN	
Rocca, Santo	Sparwood	
Schalekamp, Michele	District of Sparwood	
Sosnowski, Jenn	IHA	
Strom, Sharon	Teck	
Swanson, Stella	CAN	
Vadnais, Patty	North Coal	
Wall, Kerri	IHA Healthy Communities	
Wedderburn, Doug	Sparwood	
Wedderburn, Shelley	Michel Creek Road (MCR) Residents/Sparwood	



Weiss, Shantelle	Elkview Lodge/Fernie	
Whidden, Jared	Teck/Crowsnest Pass	
Wilfong, Marie	ERA	
Wilks, Dave (Mayor)	District of Sparwood	
Williams, Kristie	BC Emergency Health Services (EHS)	

Unable to attend:

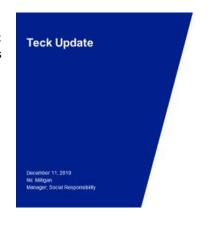
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Name	Representing	Email
Anonson, Terry	Metis Nation BC/Elkford	
Bauer, Kim	Social Programs/Elkford	
Bertrand, Denise	Motorized Rec/Elkford	
Drain, Joanne	Seniors/Crowsnest Pass	
Schuh, Noah	Youth/Crowsnest Pass	
Thomas, Vickie	Ktunaxa Nation/Cranbrook	
Tomlinson, Leala	IHA/Sparwood	



Teck and Castle Project Presentations

Slides 1 & 2



Forward-Looking Information

These slides contain certain forward-looking statements within the meaning of the United States Private Securities Linguistics Reform Act of 1995 and forward-looking information within the meaning of the Securities Art (Ordania) and representation inskiption in other privatives.

Forward-leaking statements involve known and unknown risks, uncertainties and other factors which may cause the actual results, performance or achievements of Teck to be malerially different from any future results, performance or achievements expressed or implied by the fiverand-looking statements.

These forward-looking statements involve numerous assumptions, risks and uncertainties and actual results may vary materially.

Certain of these risks are described in more detail in Teck's annual information form available of www.sedar.com and jubble filings with the SEC. Teck does not assume the obligation to revise or update these formand-looking statements after the does of this document or to revise them to reflect the occurrence of future unanticipated events, except as may be required under applicable securities laws.

Under no circumstances should the information contained herein be considered an offer to set or a solicitation of an offer to invest in securities.

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Slides 3 & 4



Teck

Teck's Performance On Top Environmental, Social and Governance Ratings

ESG Evaluation	Teck's Performance	
GLOBAL100	 Named to 2019 Global 100 Most Systainable Corporationalist by Corporate Rolights Ranked 37" globalir, only mining company listed 	
Security information	 Top-ranked mining company on both the World and North American Indices in 2018 Included in the index for 10 consecutive years 	
MSCI	"A" rating since 2013 (scale of CCC – AAA) Outperforming at 10 of our rangest industry peers identified by VISCI	
ISS QualityScore	2nd out of 83 companies in mining & metals category	
_ @	 Environment and Social Scores in top 10% out of all industries 	
(TableCook)	Percentile rank of 91% in mining and metals industry Listed on ETSE4Good Index Series	
3	 Named as one of Canada's Top 100 Employers – recognizing excellence in areas like community involvement and training and skills development 	

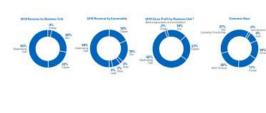
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Slides 5 & 6

Attractive Portfolio Of Long-Life Assets Low risk jurisdictions



Global Customer Base Revenue contribution from diverse markets (2018)



/_k Teck

Teck



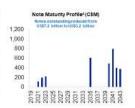
Slides 7 & 8

Competitively positioned to supply steel producers Sales Distribution Teck

2nd Largest Seaborne Steelmaking Coal Supplier

Strong Financial Position

- List 4 billion golds, includer development in US\$4 0 billion committed revolving credit facility makinty extended to November 2004. It is significant onlie maturities until 2004 investment grade credit rating. In 1809 US\$4.5 billion GRE project finance facility closed in Q4.2016 hts borrowing and expected until entry 2009. It is borrowing and expected until entry 2009. It is consistent to the committee of the control of the committee of the committee of source of making before excludion of US\$77 2002.



Teck

Slides 9 & 10

Steelmaking Coal Market

Teck

- Teck's steelinaking coal sales to india increased from -0% in 2013 to -10% in 2018

 In the same period, our sales to China declined from -30% to -10%



Steelmaking Coal Market

rece Environment
Production focus to capture high margins
and maximize free cash flow

- Utilize higher cost equipment, contractor
labour, infernal overtime, & intensity
processing to increase production

Low Price Environment

High Price Environment

- Low Price Environment

 Cost focus to protect margins and
 maximize free cash flow!

 Parking higher cost equipment, reduced
 contractor trades and missing reliance, hirting
 freece, lower instensi movement.

 Emphasis on cost reduction initiatives.



\$250 \$200 \$150 \$100 \$50 \$0

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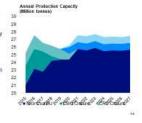
Slides 11 & 12

Long Life With Growth Potential

27+ million tonnes in 2021 and

beyond
Investment in plant throughput capacity
at Eliview to capitalize on lower strip
ratio beginning in 2020

trivesting in low capital intensity production capacity to maximize near term profit and generate production capacity



Key Priorities



Teck

Teck



Slides 13 & 14

Teck Is Actively Pursuing A Transformation Of Our Business Through Technology

RACE21™

technology foundation



Accelerate and scale autonomy

AUTOMATE



Design future digital platform for sensing and analytics operating model to empower our employees

EMPOWER

RACE21™

Teck





Teck

Slides 15 & 16

RACE21™

Teck



- emple Dynamic and predictive models to variability, leading to significant improvement



Significant Value To Be Captured



SAFETY







Teck

Slides 17 & 18

Sustainability Strategy

- Strong sustainability performance enabled by a strategy built around developing opportunities and managing risks
- Implementing a sustainability strategy with short-term, five-year goals and long-term goals stretching out to 2030















Goals cover the six areas of focus representing the most significant sustainability issues and opportunities facing our company

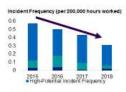
Teck

Health & Safety Performance

- Safety performance in 2018 28% reduction in High-Potential Incidents.

- Incidents

 21% decrease in Lost-Time Injury
 Frequency
 Conducted Courageous Safety
 Leadership training with 97% of
 employees
 Two fastaties in 2018, one at Fording
 River Operations and one at Elikewa
 Operations: Carried out in-depth
 investigations into the incidents to learn
 as much as possible and implement
 measures to prevent a reoccurrence



62% reduction in High-Potential Incident. Frequency rate over past four years

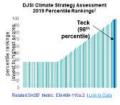
Teck



Slides 19 & 20

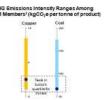
Taking Action On Climate Change Teck in top 3 of 50+ companies ranked by DJSI

- Goal to reduce GHG emissions by 450,000 tonnes by 2030 and have already reduced 289,000 tonnes of emissions as a result of projects implemented since 2011
- Advocating for climate action member of Carbon Pricing Leadership Coalition
- Releasing second Climate Action and Portfolio Resilience report in 2019, which is structured to align with the recommendations from the Task Force on Climate Related Financial Disclosure



Low Cost, Low Carbon Producer

- Wel-positioned for a low-carbon economy
 Among world's lowest GH3 intensity for steel-making coal and copper production
 Fort Hills one of the lowest carbon infensities among North American oil sands producers on a wells-to-wheels basis!
 Carbon princing already built into majority of business



Teck

Slides 21 & 22

Responsible Tailings Management

Teck

Dam Safety Inspection reports for Teck facilities available online

Special review by external experts Confirmed no immediate or enterging issues that could result in failure

- apporting industry wide improvement ICMM-UN-PRI global tailings standard
- Enhanced transparency & disclosure
 Facilities inventory posted
 Detailed response to Church of England's takings facility enquiry

Teck

Strengthening Relationships with Indigenous Peoples

Agreements in place at all mining operation within or adjacent to indigenous Peoples' territories



Teck

Slides 23 & 24

Employee Relations & Diversity

- 57% of our employees are unionized
- unionized

 Focused on strengthening diversity, with women making up 26% of new hires in 2018

 In 2018, 9% of total hires set-identified as indigenous from our Red Dog, Highland Valley Copper and steelmaking coal operations in the Elk Valley

Teck



Elk Valley Water Quality Plan Long-term approach to protect water quality At the global forefront of



Slide 24 & 26





Slides 27 & 28





Slides 29 & 30



Current Practices

- Water trucks
 Hydro seeders
 Mister trucks
 Wind fencing

- Chemical dust suppression
 Ongoing reclamation
 Changing blasting practices
 Live monitoring





Slides 31 & 32

New In 2019 - Capping the Natal Spoil - Selective dumping and optimizing blast fragmentation - Trigger Action Response Plans for high and excessive risk fugitive dust sources - MicroPulsa Lidar - Regional Air Monitoring Network - Regional Air Monitoring Network - Teck - Method - Capping the Natal Spoil - Selective dumping and optimizing blast flagmentation - Trigger Action Response Plans for high and excessive risk fugitive dust sources - MicroPulsa Lidar - Regional Air Monitoring Network - Regional Air Mo

Slides 33 & 34



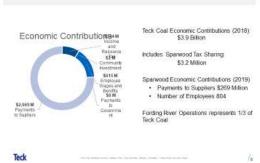




Slides 35 & 36



Teck Coal Economic Contributions





Slides 37 & 38

FRO Castle Project Project Location Extension of Fording River Operations (FRO) Castle would become the primary source of coal for FRO and maintain current production rates Coal reserves are substantial and could support FRO for many decades Teck Teck

Slide 39 & 40

Project Planning and Design Status

Castle Project is currently in pre-feasibility design stage

- Mine pit, spoil locations, tailings, and infrastructure needs are under evaluation
 Further drilling to better define coal.

Teck



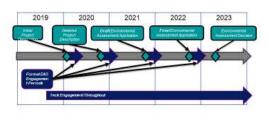
Revitalized BC Environmental Assessment Process

- · Castle Project will require an Environmental Assessment (EA)
- Revitalized BC Environmental Assessment Act brought into force on December 2019
- Teck plans to initiate EA process for the Castle Project in early 2020 with submission of an initial Project Description (IPD)
- IPD allows for feedback from government agencies, Indigenous Nations, and communities which can be incorporated into the project design

Teck

Slides 41 & 42

Key Engagement Windows in the EA Process



Teck

Summary and Questions



Mental Health Slides 1 & 2



La suitable assertable mour brook







Canadian Mental Health Association for the Kootenays

Mental Health Programs Presentation

December 13, 2019

Presented by Administrator for Cruis Services Arielle Dyment Manager of Public Education

Mental health for all

About CMHA

- . One of Canada's most established charities, now 100
- Our policies and programs anchored in evidence and informed by people's personal experience.
- . We work towards mental health for all, including people with addictions.
- Over 120 locations throughout Canada; 14 in BC





Afental health for all

Slides 3 & 4





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Our Vision and Mandate

To promote the mental health, wellness and emotional stability of all individuals within the communities we serve



Mental health for all

Housing Services

- Abbott Gardens / Getehouse Gardens Affordable housing to institutuate wito are
- . Moliner Gardens / Senja's Gardens Family housing complexes in Golden and
- Baker Gardens / Crestbrook Gardens Low to moderate manner housing for seriors and people with disabilities in Crambrook and Creston.
- Peter Johnson Complex J Sif housing units in Crambrook for low to moderate Husma older solutis.
- Shee City Genters / Anderson Gerders Hussing for sentors and persons with disabilities in Crambrook and Release.
- + Resewood Manor Housing in Castlegar for law income sectors.
- + Riverview Court / Managetha Court / Pleanidge Court Housing for low income furnities and instingularly in Castlegar

Afental health for all

Slides 5 & 6





Women's Services

- Kootenay Haven Transition House 30 day transitional housing for women and children fleeing domestic violence.
- · Haven Gardens Provides second stage housing and personalized programming for up to 18 months. Includes educational resources, life skills training, and one to one support.
- . Community Outreach Program for women experiencing of at risk of violence. Focus on increasing self-esteem and healthy relationships.

Mental health for all





Volunteer Services / Volunteer Kootenays

Available Contoney wide which provides a link between organizations in the region and potential valunteers. We requal, streen and place valunteers within Association programs and within other community based volunteer programs.

- Volunteer Assisted Shapping helps seniors with mobility concerns do their weekly

- shopping:
 Seelah Filendly Vipiters a volunteer is connected with a seniar who is instanted and living independently for connected with a seniar who is instanted and leving independently for connected with seniar Teleghone Check in Seniates one-connected selection consumations to assist with manifesting independence and decreasing social seniation.

 Senie Agaptic onicitation willing to above proceduring the winter months are matched with Connected seniors.
- Volunteer locored las Progaration witunteers quantities to modest income cliental completing their tax returns.

Afental health for all



Slides 7 & 8



* EK-SART - Disclosing Person Advocate Volunteer - a

- committed group of trained volunteers who provide support, information, and advocacy services for persons who disclose they have experienced sexualized assault.
- Crisis/Suicide Intervention ICLN Cranbrook crisis line offers 24 hour crisis safety net for the Kootenay Region.
 - 1-688-351-2273 DCLN cmis fruit
 - 310-6789 (mental health support line)
 - 1-800-784-2439 (1-800 Suicide)

Mental health for all





Youth Services

- PEACE Program counselling and empowerment program for children residing in Cranbrook and Kimberley who have experienced violence in the home or having difficulty with parental separation and divorce.
- · Youth Outreach and Family Support Cranbrook and Kimberley youth and families at risk are provided supports including advocacy, problem solving, addictions, healthy relationships, and working with parents.

Mental health for all

Slides 9 & 10



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Public Education

- . Necessary component for Mental Health awareness and education within our communities.
- . We strive to deliver community events and courses that will provide resources, support, and community connection.
- . Our public education department believes that ongoing discussions about topics such as suicide, housing, family support, and crisis is important to bettering our community's

Mental health for all

Mental Health Services

- · Mental Health First Aid Basic (MHFA) This course focuses on four common mental health disorders and prepares participants to interact confidently about mental health.
 - First Aid for overdose
 - First Ald for suicide
 - First Aid for panic attacks
 - First Aid for psychotic disorders

Afental health for all

Slides 11 & 12





X min min



Mental Health Services

· Applied Suicide First Aid (ASIST) - a two day intensive, interactive, and practice designed to help caregivers recognize and review risk and intervene to prevent the immediate risk of suicide.



Mental health for all

Mental Health Services

 SafeTALK – half day workshop presents the basic steps for anyone 15 years or older to help a person with thoughts of suicide get connected to the support that they need.



Afental health for all



Slides 13 & 14



Slides 15



CAN Slide 1 & 2





Slides 3 & 4



Slides 5 & 6



Slides 7 & 8





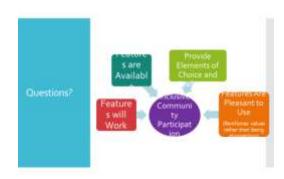
Slides 9 & 10



Slides 11 & 12



Slides 13





Harm Reduction Slides 1 & 2

TERRITORY ACKNOWLEDGEMENT

As a step towards reconciliation we respectfully acknowledge that we are gathering together on the traditional, ancestral and unceded territory of the Ktunaxa First Nation.



HARM REDUCTION DEFINED

- An umbrella term used to describe programs, policies and practices that aim to reduce the negative consequences associated with behaviours that are typically considered high risk.
- Focused on increasing safety and minimizing injury, death, and disease
- Evidence based.





Slides 3 & 4

HARM REDUCTION BASED SERVICES

Reducing risk of death/injury

- Naloxone
- Supervised consumption averdose prevention sites
- Opioid Agonist Treatment (OAT)
- Outreach education, and peer support
- Impaired driving prevention cide home programs
- 2. Reducing risk of infection
 - Needle distribution
 - Distribution of condoms



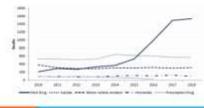
PUBLIC HEALTH EMERGENCY DECLARED

Dr. Perry Kendall declared a public health emergency under the Public Health Act in April 2016 in response to the increasing number of opioid related overdose deaths throughout the province



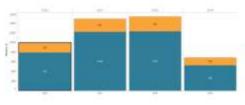
Slides 5 & 6

COMPARISON TO OTHER COMMON CAUSES OF UNNATURAL DEATHS FROM 2010 TO 2018





PROVINCIAL OVERDOSE CONTEXT







Slides 7 & 8

OVERDOSE CONTEXT IN THE EAST KOOTENAY 2016-2019

FINDING OF CORONERS' INVESTIGATIONS



This report summarizes the data from illicit overdose deaths in BC between 2016 and 2017

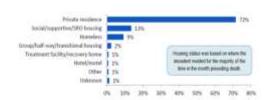


Slides 9 & 10

HIGHLIGHT OF THE STUDY

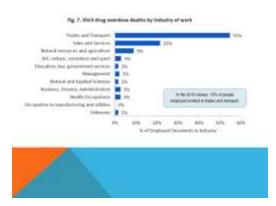
- · 44% of people were employed at the time of death. Of those employed, 55% were employed in the trades and transport industry.
- . 72% of people were living in a private residence at the time of death
- . 81% of people who died were male
- . 69% of people had used their drugs alone at the time of







Slides 11 & 12







Slides 13 & 14





Slides 15 & 16



